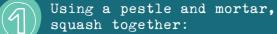
MANUS (OCONUT (HUTNEY RECIPE CARD

Add these to your paste:

- 1 cup of freshly grated coconut

- 1 cup of chopped coriander

There are LOTS of coconut trees on the Andaman Islands. And when the coconuts fall, Manu loves to use them for coconut chutney. He has it with curries, rice dishes and flatbreads... How will you eat yours? Remember, ask a bigger chef for help with the cutting!



- 1 chopped up garlic clove
- 1 tbsp mustard seeds
- ½ tsp lemon
- a small chunk of ginger, chopped

