



- Did you know that it's National Epilepsy Week next week? This seems like a good
- time to tell you all about a letter I just received from a sea lion called Cronutt.

Cronutt is seven years old and has a very friendly face (imagine a cat in a smart grey wetsuit: that's just what he looks like!).

Now, Cronutt is many things but he isn't a very good typist (slippery flippers) so he actually asked his friend Dianne to do the writing for him.

Dianne helps to look after Cronutt at a special animal-caring place in California in the USA.

Cronutt has a condition called epilepsy which can make him feel quite poorly. Sometimes he has to take extra medicine or visit the doctor and he recently had a big operation. He was VERY brave. A team of clever humans is working on ways to make Cronutt (and other animals with epilepsy) feel better. Isn't science amazing?

Like I said, Cronutt is many things: he is chatty, stylish and excellent at fishing. Just because he lives with epilepsy, that doesn't mean he's not like you and me!

And even though Cronutt is facing a challenge, he's staying positive and planning adventures. That certainly gets Banjo's SEAL of approval!

I loved my letter from Cronutt and I am excited to write back as I have lots of questions for him such as: What's your favourite lunch? Do you know how to do underwater somersaults and (most importantly of all): how do you keep your whiskers so shiny?

The world is full of individuals who are experiencing different things. Never be afraid to ask question about their lives - curiosity helps us to learn and understanding other people (and sea lions) is a superpower!